



SPRINGWOOD FEDERATION NEWSLETTER

“Together We Learn, Together We Grow” **FEBRUARY 2025**

Message from Mrs Livingstone

I hope you all had a lovely half term break. I don't know about you, but I am certainly enjoying the lighter mornings and evenings.

Our Online Safety advisor Lee Hayward worked with the children before half term. Across the schools, the children were commended on how sensible they were and asked good questions to aid their understanding of the digital world. One theme which occurred in every year group was sleep and how screens are used.

The NHS advises:

- Decide what time you want your child to go to bed.
- Start a "winding down" bedtime routine around 30 minutes before the time that your child usually falls asleep. Take the mobile device away or turn the TV off. Bring this forward by 5 to 10 minutes each week – or 15 minutes if your child is in the habit of going to bed extremely late – until you get to the bedtime you want.
- Set a limit on how much time you spend with your child when you put them to bed. For example, read only 1 story, then tuck your child in and say goodnight.
- Give your child their favourite toy or comforter before settling into bed.
- Leave a dim light on if necessary.
- If your child gets up, keep taking them back to bed again with as little fuss as possible.
- Try to be consistent.
- You may have to repeat this routine for several nights.

If you do need support with this, Mrs Johnson can work with you on our Back-to-Basics program, or Mrs Hescott-Lawrence can signpost you to additional resources. Please do not hesitate to contact us.

Diary Dates

25.02.25 – 27.02.2025
3.15pm-17.35pm
Year 6 Parents consultations

 **03.03.2025**
14.30pm-15.00pm
Year 2 parent event (Tin Forrest)

06.03.2025
World book day 

10.03.2025
14.30pm – 15.00pm
Open Classroom Event
Years EYFS 2, 4 & 6

 **21.03.2025**
Red Nose Day

01.04.2025
14.15pm – 15.00pm
Year 6 Parent Event (Geography)

04.04.2025
14.15pm – 15.00pm
Year 5 Parent Event (Easter Service)



Reducing waste



Mr Stevenson and I have met to discuss how we can reduce waste across the schools. Over the next half term, staff will be supporting the children to improve our recycling systems. We will also be advising children who have packed lunches to take their waste home in their lunchboxes, this also supports you to understand what your child is eating in school.



Connect4Communities' is a programme which operates in Hampshire. It aims to support families in need particularly with rising living costs, for example energy, food and water bills. Please take a look at the website: <http://connect4communities.org>.

TOYS



Please can I respectfully request that children do not bring in toys from home, unless a fidget toy is agreed by the class teacher. Toys get lost, broken or used inappropriately and distract the children from their learning.

Support & wellbeing

Building on from the January newsletter, teachers are trialling two approaches in their class to be supportive for children with neurodivergent profiles. As a team, we will be reviewing these together in March and making any tweaks from what we have learnt. This should continue to support your confidence across the schools that your child's neurodivergent related needs are being met from universal provision through quality first teaching.

The Mental Health and Wellbeing Team are running a workshop on Low Mood on 9th April 2025 from 9am to 10am. Sign up will be available on Arbor closer to the time.

Watch this space for dates/times of further workshops from the Primary Behaviour Support Service and the School Nursing Team. The School Nursing Team have agreed to deliver sessions on toileting, sleep, behaviour, healthy lifestyles and emotional health across the Spring and Summer terms.

PE Days



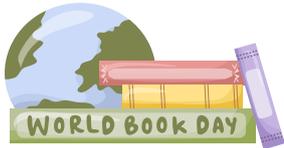
A reminder of the PE days across the Federation as there have been a couple of changes. Please ensure your child comes to school wearing their PE kit, including trainers/plimsols on these days:

Y1- Wednesdays & Thursdays
Y2 – Mondays & Fridays
Y3 – Monday & Fridays
Y4 – Tuesday & Fridays
Y5 – Mondays & Thursdays
Y6 – Tuesdays & Thursdays



Easter Service

On Thursday, 3rd April 2025, children across the federation will take part in a special Easter Service in the Junior School Hall. During the service, they will share their learning, listen to the Easter Story, and sing some lovely spring-themed songs. This year, the service will be led by our Year 5 children, and we are delighted to invite Year 5 parents and carers to join us for this special event at 2:15 pm. We look forward to celebrating this occasion with you!



Like last year, we will celebrate World Book Day which is on Thursday 6th March 2025. Teachers are already planning a surprise for the children! As always, your child is invited to come to school dressed as their favourite character from a book and bring the book to school. If it is your child's PE day, PE kits does not need to worn in/brought to school.

COMIC RELIEF

Comic Relief is on Friday 21st March. Your child is welcome to wear non-school uniform and 'Red Nose'. There will be donation buckets on the gate. To find out what your money does, please follow this link:
<https://www.comicrelief.com/what-your-money-does/>



Attendance

Our whole school attendance figures are currently - InfantsSchool 93.1% & Junior School 94.7%. The average attendance Nationally is 94.5% and for Hampshire Primary Schools for the same period is 95.3%. Our targets are 95% for both schools, we need to work together to see an improvement for our children. Mrs Johnson will be contacting all families where individual child attendance is below 95% to offer support and where appropriate invite to support sessions.

We analyse children's absence patterns; and if appropriate contact sibling schools to try and get a wider understanding of why a child's absences have increased. Children can attend school when unwell with coughs, colds and sore throats. It is when you decide that your child is too unwell for school that they should stay at home – you can find more advice here:

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

Please contact the office and book an appointment if you do need some support, this way we are working together to support you and your family.

