

Year 6 Autumn 1 Design Technology

Seasonal Foods

To design, make and evaluate a seasonal harvest soup to be sold to Tesco customers as part of their new autumnal range.

Intended users – vegetarians

Purpose – to be sold in supermarkets

Product – soup



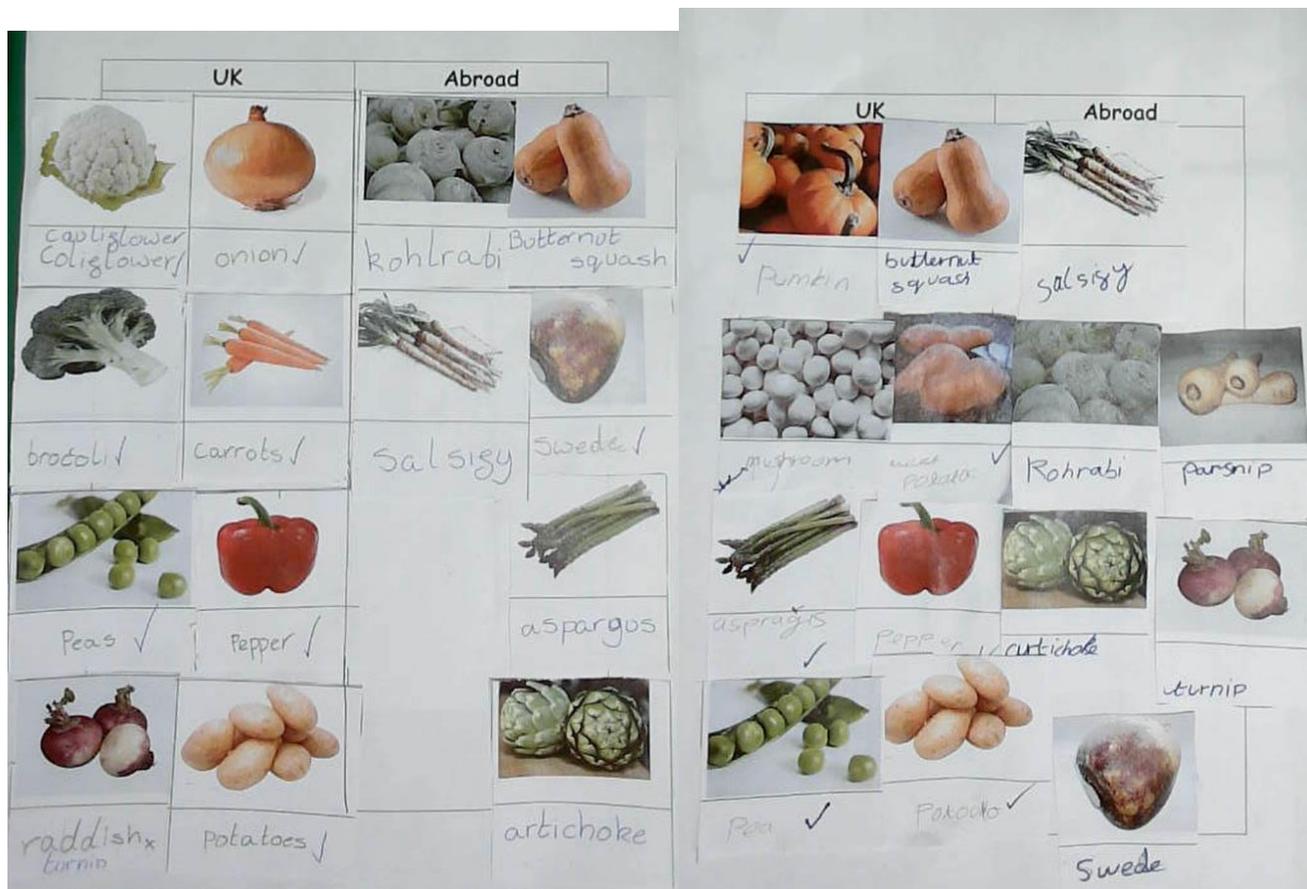
Lesson 1 11.9.24

Year 6 discussed celebrity chefs have changed the way we eat.

Jamie Oliver with school dinners, Joe Wicks for cooking quick meals now that both family members work. These chefs must think of the food and meals they are creating like fashion, considering what is on trend. Current circumstances need to be taken into consideration, such as the cost of living crisis. Families need access to cheap and cost-effective meals.

Year six reviewed a range of vegetables. First of all, the children had a go at naming them. Once this was completed, they sorted them into a table of veg they thought was grown in the UK and veg grown abroad. and considered which vegetables are currently in season in the UK.

It was then revealed, to the children's surprise, that all of the vegetables below are grown in the UK throughout the year.



Using all the vegetables above, year 6 placed them on a calendar wheel.

JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE
beetroot, brussels sprouts, cauliflower, celeriac, chicory, chicory, Jerusalem artichoke, kale, kohlrabi, leeks, parsnips, potatoes, salsify, shallots, swede, turnips	brussels sprouts, cauliflower, celeriac, chicory, Jerusalem artichoke, kale, kohlrabi, leeks, parsnips, potatoes, purple sprouting broccoli, salsify, shallots, swede, turnips	cauliflower, kale, leeks, purple sprouting broccoli, salsify, spinach, spring onions, swede	asparagus, broccoli, Jersey royal, new potatoes, lettuce, purple sprouting broccoli, radishes, rocket, samphire, spinach, spring onions	asparagus, broccoli, carrots, lettuce, new potatoes, peas, radishes, rocket, samphire, spinach, spring onions	artichoke, asparagus, aubergine, beetroot, broad beans, broccoli, carrots, courgettes, fennel, french beans, kohlrabi, lettuce, mange-tout, new potatoes, pak choy, peas, radishes, rocket, runner beans, samphire, spinach, spring onions, tomatoes, turnips
SEASONAL VEG IN THE UK					
JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
artichoke, aubergine, beetroot, broad beans, broccoli, carrots, courgettes, cucumber, fennel, french beans, kohlrabi, lettuce, mange-tout, marrow, mushrooms, pak choy, peas, peppers, potatoes, radishes, rocket, runner beans, spring onions, sweetcorn, tomatoes, turnips	artichoke, aubergine, beetroot, broad beans, broccoli, carrots, celeriac, celery, courgettes, cucumber, fennel, french beans, kale, kohlrabi, leeks, lettuce, mange-tout, marrow, mushrooms, parsnips, potatoes, pumpkin, radishes, rocket, runner beans, salsify, shallots, swede, turnips	artichoke, aubergine, beetroot, broccoli, carrots, celeriac, celery, chicory, fennel, kale, kohlrabi, leeks, lettuce, marrow, mushrooms, parsnips, potatoes, pumpkin, radishes, rocket, runner beans, salsify, shallots, swede, turnips	artichoke, beetroot, broccoli, butternut squash, celeriac, celery, chicory, fennel, kale, kohlrabi, leeks, lettuce, marrow, mushrooms, parsnips, potatoes, pumpkin, radishes, rocket, runner beans, salsify, shallots, swede, sweetcorn, tomatoes, turnips	artichoke, beetroot, butternut squash, cauliflower, celeriac, celery, chicory, kale, kohlrabi, leeks, mushrooms, parsnips, potatoes, pumpkin, salsify, shallots, swede, turnips	beetroot, brussels sprouts, cauliflower, celeriac, celery, chicory, Jerusalem artichoke, kale, kohlrabi, leeks, mushrooms, parsnips, potatoes, salsify, shallots, swede, turnips

