

Cycle of Enquiry (Spring 1)
Theme: What does it mean to be a Muslim today?
Key Concept: Ritual



Step 1 Inquire

What does the word *ritual* mean?



Step 2 Contextualise

What is the significance of the ritual during wudu and Eid-al-Fitr?



Step 3 Evaluate

What is the value of ritual to Muslims? Does ritual have a value to me?



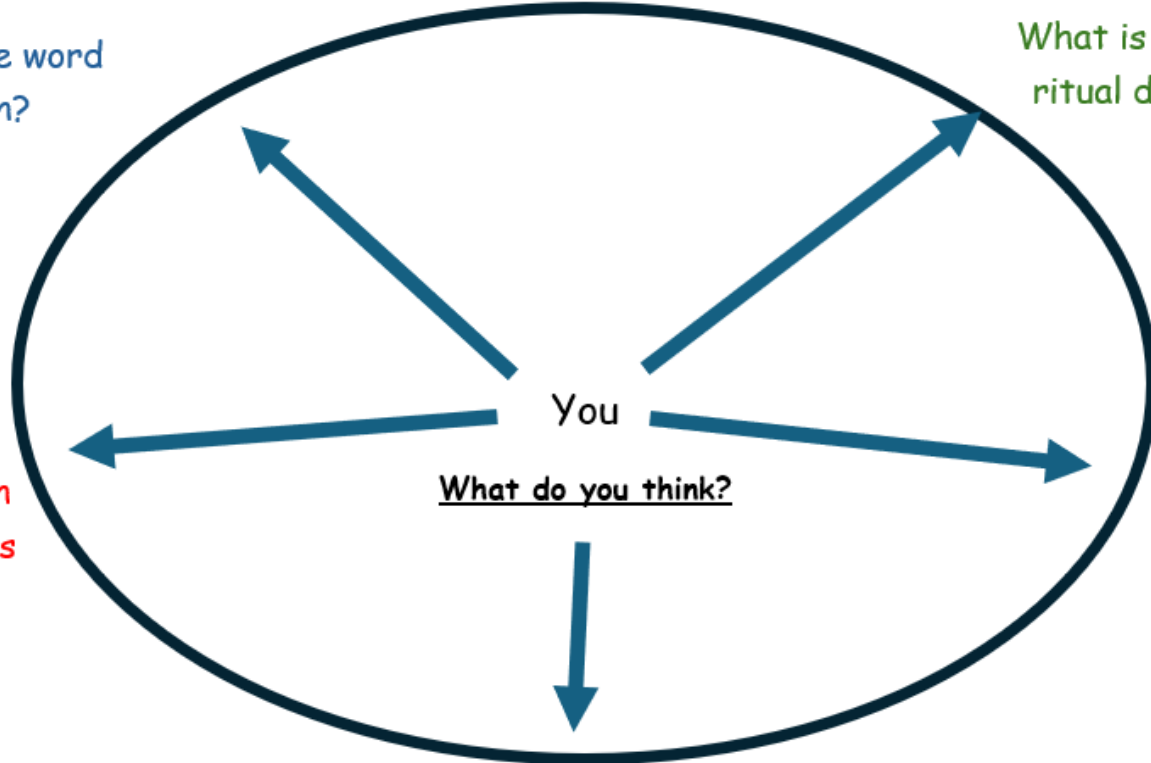
Step 4 Communicate

What does ritual mean to me?



Step 5 Apply

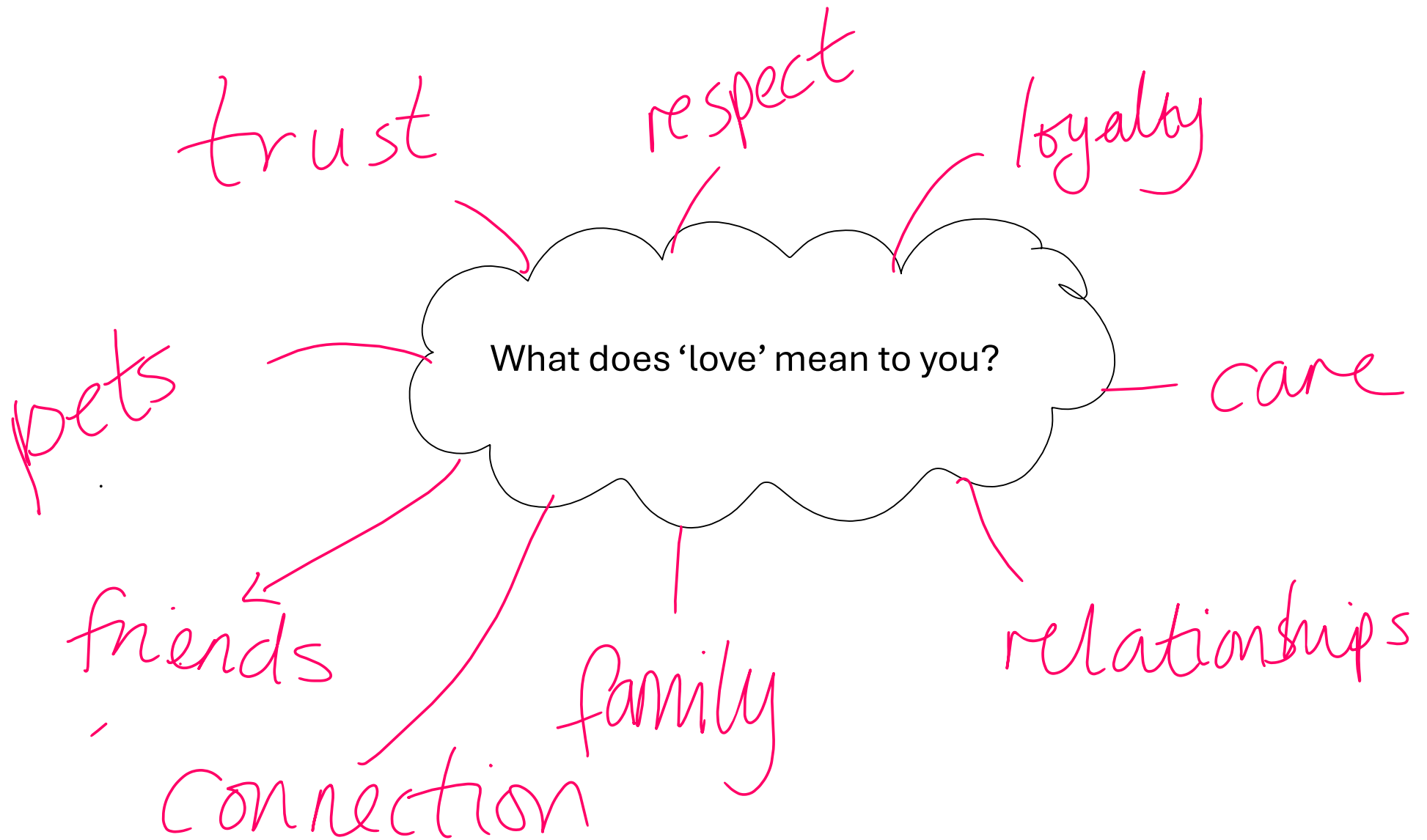
How can ritual be used in my life and other people's lives?



You

What do you think?

Retrieval Tasks

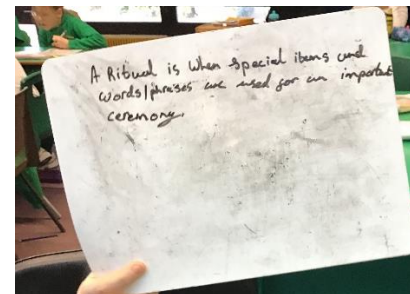
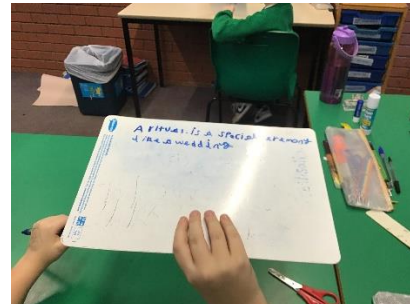
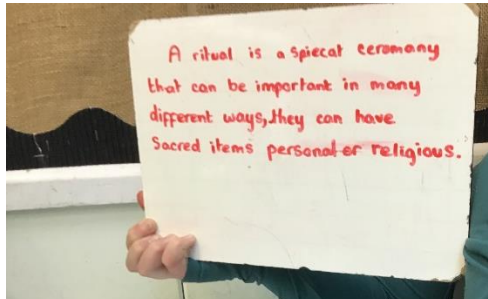
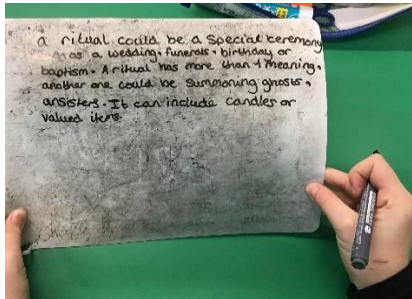
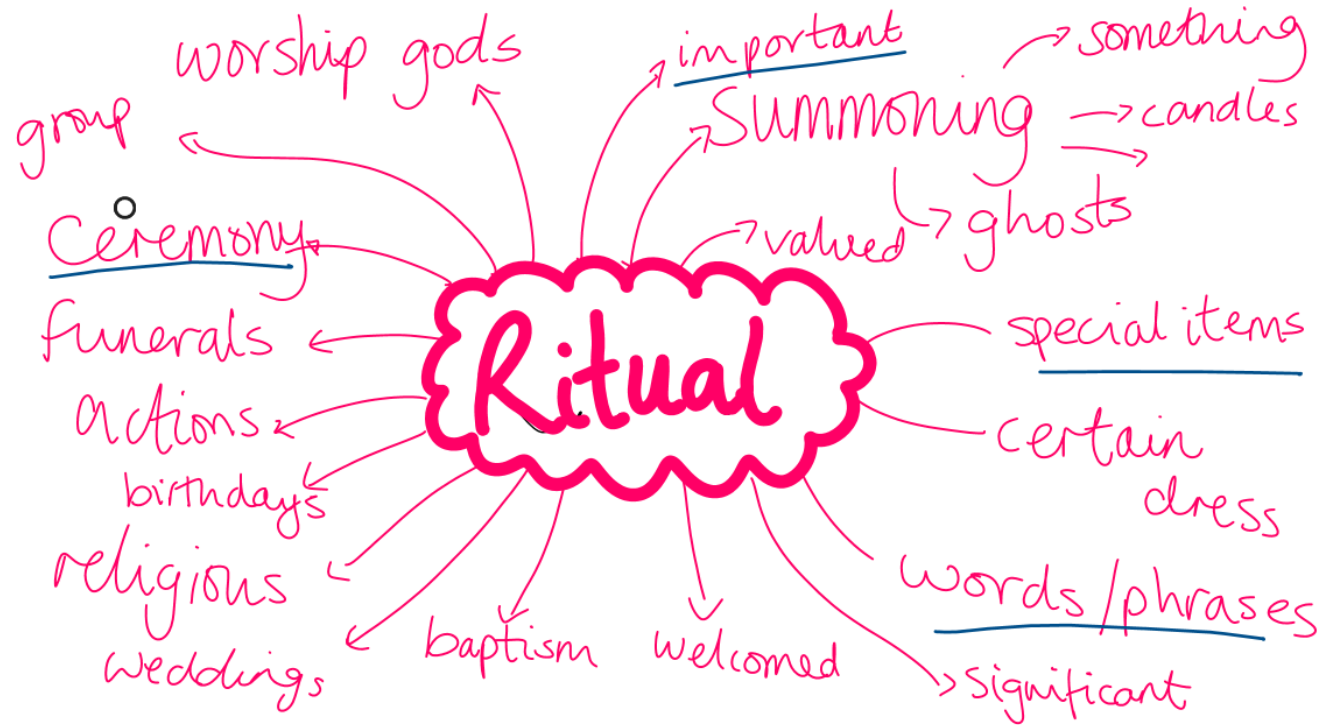


Spring 1: Concept: Ritual: Theme/Unit: What does it mean to be Muslim today?

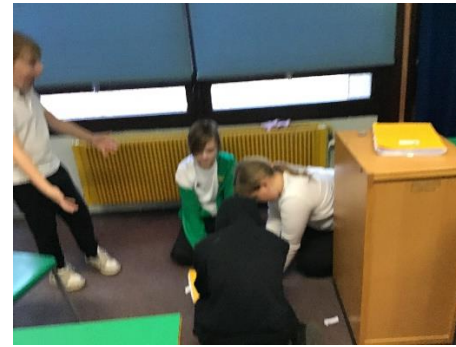
Lesson 1 – Step 1 - Inquire – What does the word *ritual* mean?

Date: 07/01/2026

We discussed what are the types of rituals and defined them.



We acted out different rituals.



Retrieval Task

What do Christians believe about love?

- ✓ • Christians believe that God made people because he loves us. He wants us to love him.
- ✓ • Christians believe that God is the source of love.
- ✓ • He is the embodiment of love. God exists as three elements – Father, Son (Jesus Christ) and Holy Spirit. There is deep love between all three.

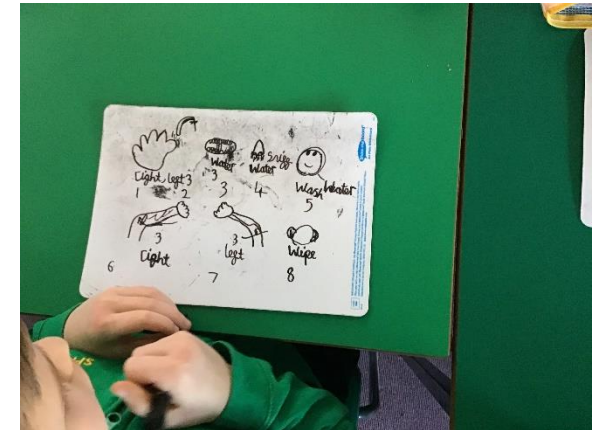
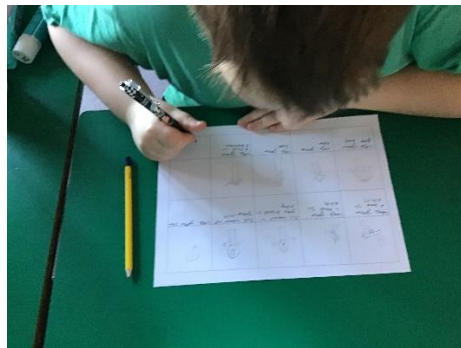
Spring 1: Concept: Ritual: Theme/Unit: What does it mean to be Muslim today?

Lesson 2 – Step 2 - Contextualise – What is the significance of the ritual during wudu and Eid-al-Fitr?

Date: 07/01/2026

We watched the video about the ritual Wudu and understood the importance that Muslims will follow Wudu to be ready to pray to Allah, as he is their creator. We made notes of the important steps and created a storyboard.

R. Hand 3x up to the wrist (wash)
L. Hand 3x up to the wrist (wash)
Water in his mouth 3x (gargle it)
Sniff water up his nose
Wash forehead to ear lobes to chin
R arm to elbow 3x (wash)
L arm to elbow 3x (wash)
Wash hair and water in ears
R leg up to ankle (wash)
L leg up to ankle (wash)





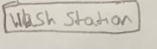







1. Wash your right hand 3x up to wrist. Then... 2. Wash your left hand 3x up to wrist. 3. Rinse water in mouth 3x. 4. Sniff water up your nose. 5. Wash your forehead to ear lobes to chin. 6. Wash your right arm up to elbow 3x. 7. Wash your left arm up to elbow 3x. 8. Wash your hair and water in ears. 9. Wash your right leg up to ankle 3x. 10. Wash your left leg up to ankle 3x.

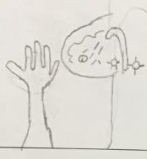
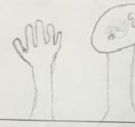
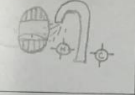







important Ritual:
1- wash right 3x wash left 3
2- then mouth
3- then sniff water in nose.
4- wash face up to ear lobes
5- wash right arm up to elbows
6- wash left arm up to elbow
7- wipe your head and a little bit in your ear.



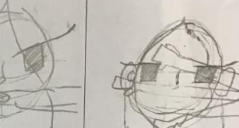
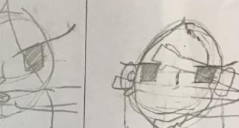
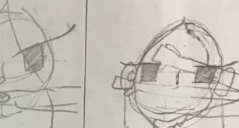
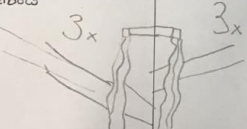


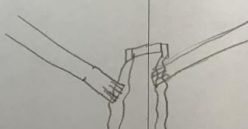
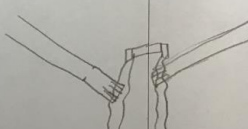
8. Wash your head and put some water in your ear.
9. Wash your right foot up to your ankle.
10. Wash your left foot up to your ankle.

4. Sniff some water in your nose.
5. Wash your face to your eyebrows to your chin.
6. Wash your right arm to your elbow 3 times.
7. Wash your left arm to your elbow 3 times.

Eid-ul-Fitr rituals -notes from videos

				
Wash your right hand up to wrist 3 times 1.	Wash your left hand up to wrist 3 times 2.	Rinse water in mouth 3 times then spit out 3.	Sniff water up your nose 3 times 4.	Wash your face forehead to ear lobes to chin. 5.
				
Wash right arm to elbow 3 times 6.	Wash left arm to elbow 3 times 7.	Wash top of head and put some water in ears 8.	Wash your right foot between toes up to ankle 3 times 9.	Wash your left foot between toes and up to ankle 3 times 10.

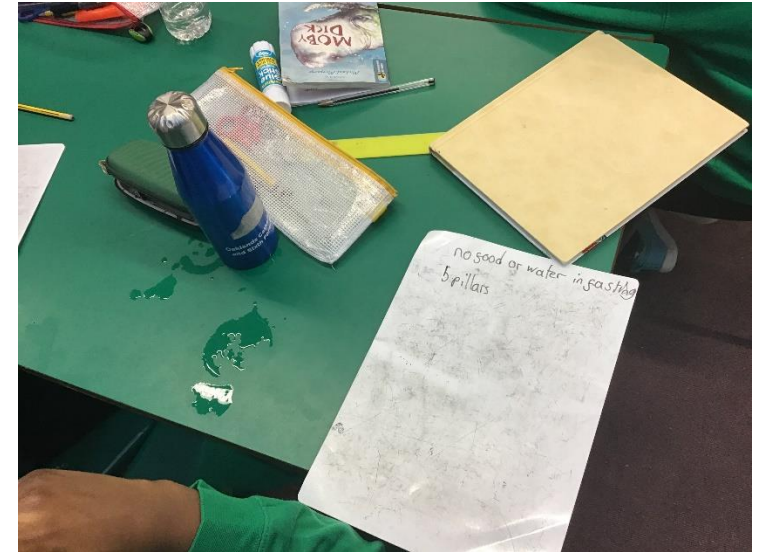
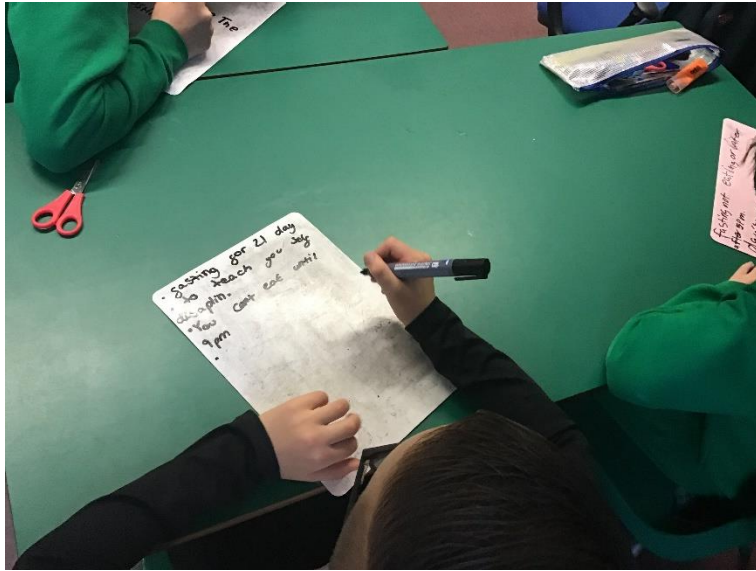
				
1. Wash your right hand up to the wrist 3 times.	2. Wash your left hand up to the wrist 3 times.	3. Gargle some water into your mouth 3 times.	4. Sniff some water in your nose.	5. Wash your face from your forehead to your earlobes to your chin.
				
6. Wash your right arm up to your elbow 3 times.	7. Wash your left arm up to your elbow 3 times.	8. Wipe your head and inside your ears.	9. Wash your right foot up to your ankle, make sure the water goes between your toes.	10. Wash your left foot up to your ankle, make sure the water goes between your toes.

				
1 Wash your right hand up to your wrist three times.	2 Wash your left hand up to your wrist 3 times.	3 Gargle some water in your mouth 3 times.	4 Sniff some water up your nose.	5 Wash your face from your forehead to your earlobes to chin.
				
6 Wash your right arm up to your elbow 3 times.	7 Wash your left hand up to elbow 3 times.	8 Wipe your head and inside your ears.	9 Wash your right foot up to your ankle, make sure water goes between toes.	10 Wash your left foot up to your ankle, make sure the water goes between the toes.

Why is ritual significant in Eid-ul-Fitr and Wudu?

We watched the video and noted down the important parts for the rituals of Ramadan and Eid-ul-Fitr.

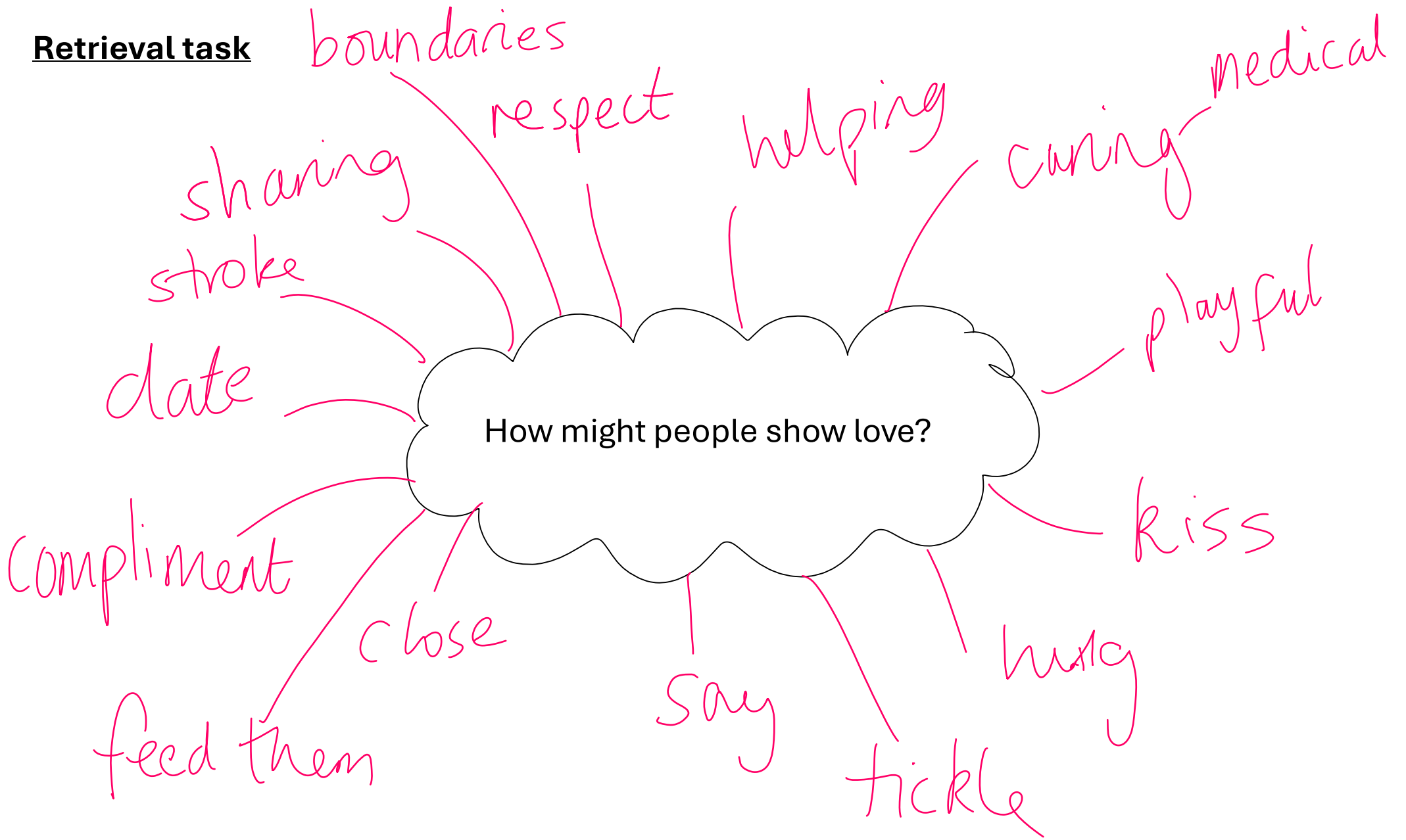
<u>Ramadan</u>	<u>Eid-ul-Fitr</u>
<ul style="list-style-type: none">- When they fast- Gratitude- They pray- A month- More spiritual- When the sun sets it breaks the fast- Get together as a community- 9th month of the Islamic calendar- Read the Qur'an – their holy book- Most holy festivals- Understanding starvation / famine- Teaches discipline- Stop bad habits- Can't eat when the sun is up- One of the five pillars- Must do it if they can – age, ability,- Stomach shrinks- Saying thanks to God- Stops you thinking about food- Time to reflect- Call to prayer- Before they eat they pray	<ul style="list-style-type: none">- Meet and pray- Spend time with family- Finally eat after the fast- Holy festival- Meet with brothers and sisters- Celebrate together- Closer to God- As a community- Show gratitude- All Muslims complete it- Happens after Ramadan



Rituals are important to Muslims because

- Showing respect to God
- Shows appreciation and thanks to God
- Allows them to connect to God
- Brings them closer to God
- Shows your commitment towards God
- Shows discipline
- Shows their love towards their God

Retrieval task



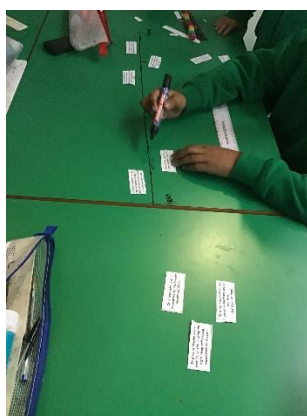
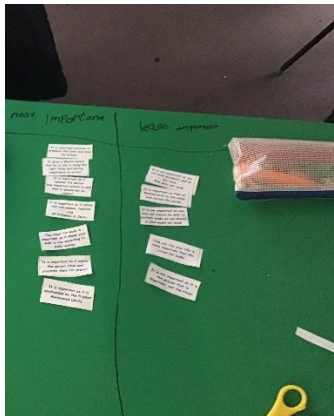
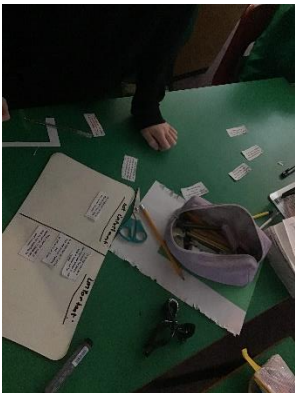
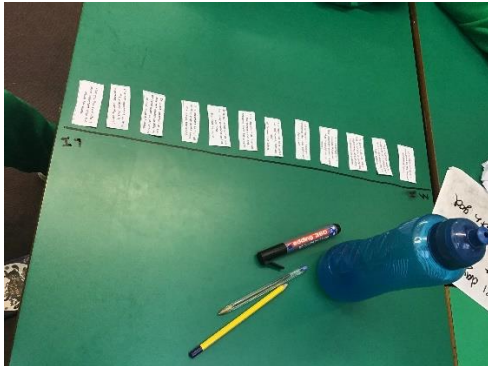
Spring 1: Concept: Ritual: Theme/Unit: What does it mean to be Muslim today?

Lesson 3 – Step 3 - Evaluate – What is the value of ritual to Muslims? Does ritual have a value to me?

Date: 21.01.2026

If we altered their ritual, Muslims would feel

- Ruin their religion because you are not fully connected
- God could disappoint in them
- Upset and angry as its written in their holy book
- Disrespectful – why would we change it?
- Won't be able to connect with others
- Neglecting their God



Is a ritual more important than prayer?

- I think prayer is important because you are respectful and talking to God.
- I think it depends in what you believe in. If you were a Christian, it could be equal as baptism is important but so is praying
- I think prayer is more important as prayer is significant to God and you feel closer to God and can do it every day.
- It depends on the ritual.
- Rituals are about connecting but praying is talking to them. It is equal.
- It depends if prayer is part of the ritual.
- A ritual is about a community and a group coming together.

Retrieval task

What does the phrase 'Golden Rule' mean?

It is a rule that has to be followed and cannot be broken.

What examples could we have?

- Not make fun of others
- Not be racist / sexist
- To be respectful
- To not bully
- To have kind hands and kind feet
- Treat others how you wish to be treated
- Never judge others
- Never have prejudice
- Don't pull faces at others
- Listen to instructions
-

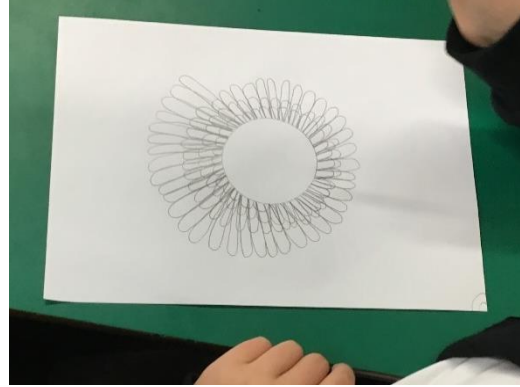
Spring 1: Concept: Ritual: Theme/Unit: What does it mean to be Muslim today?

Lesson 4 – Step 4 - Communicatee – What does ritual mean to me?

Date: 29.01.2026


Rituals make you who you are or rituals define who you are.

<i>For</i>	<i>Against</i>
<ul style="list-style-type: none">- It has been in your life for a long time so will add to you- You have to or else it defies your culture- If it your religion, then that is really important to you-	<ul style="list-style-type: none">- <i>You can find something for yourself</i>- <i>You cant change who you are</i>- <i>You have a life other than ritual</i>- <i>You have a choice</i>- <i>You have the chance to do other things</i>-



Retrieval task – current unit

Ritual means

	Tick
a set of fixed actions and sometimes words performed regularly, especially as part of a ceremony	
a set of fixed actions that are done everyday	
a set of actions completed at random during different times of the day and night	

Wudu is when Muslims come to wash before prayer.

Do rituals define who you are? Yes or No

It depends on who you are and how important the ritual is e.g. if its your belief or religion

Spring 1: Concept: Ritual: Theme/Unit: What does it mean to be Muslim today?

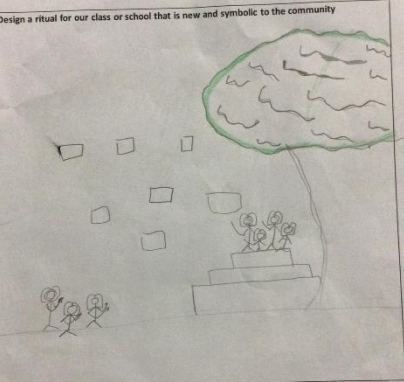
Lesson 5 – Step 5 - Apply – How can ritual be used in my life and other people's lives?

Date: 3.2.2026

We designed our own ritual considering the symbolism and the importance to us.

Eva - 10/09

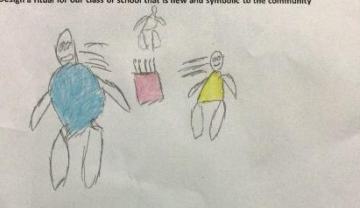
Design a ritual for our class or school that is new and symbolic to the community



Explain why this ritual is symbolic

It is a memory and it is celebratory the end of year six. And a beautiful ending of a good school.

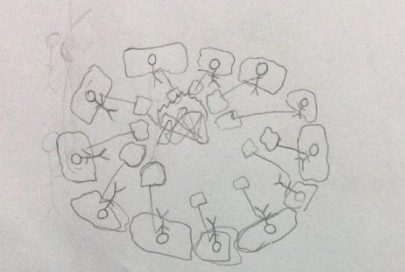
Design a ritual for our class or school that is new and symbolic to the community



Explain why this ritual is symbolic

It could be symbolic because each person blows out 1 candle and you make a wish about what you want to happen in the other school

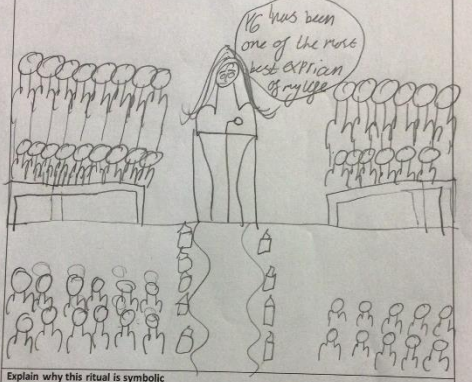
Design a ritual for our class or school that is new and symbolic to the community



Explain why this ritual is symbolic

I think it is important because it shows us that it one last day and to celebrate it.

Design a ritual for our class or school that is new and symbolic to the community

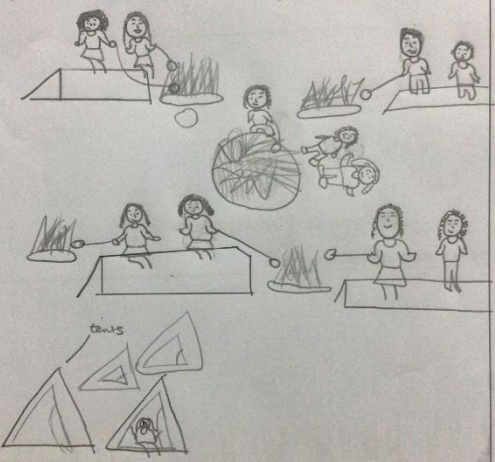


Explain why this ritual is symbolic

It has been one of the more best explain of my life

This ritual is symbolic because one by one we say about our journey in 6 and now it has changed us today ready for senior.

Design a ritual for our class or school that is new and symbolic to the community



Explain why this ritual is symbolic

It is symbolic because all people in year 6 are at Spring get making marshmallows and it's a memory of the end of the school year and a sleepover at the end!